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Gooseberry Alert No 37 Kidscape Friendship Friday and Anti-Bullying Week: November 9th-16th

The theme of Anti-Bullying Week 2018 is "Choose Respect". Anti-bullying charity Kidscape's Friendship Friday on November 9th will introduce these ideas to students, with free resources for teachers and schools to get involved, as well as a guide for parents and carers in reinforcing how to help children choose respect. Visit kidscape.org.uk/friendshipfriday to get involved

Gooseberry Student 'Discussion' of the week

- 1. What words would you associate with being a good friend?
- 2. What words would you associate with being a bad friend?
- 3. How can I make someone unhappy?
- 4. How can I make someone feel better?
- 5. What happens when friends fall out?
- 6. How am I a good friend to others?

Key messages: friendship fall-outs are not bullying but could lead to bullying; we all need to be active bystanders which means standing alongside someone who is alone and making it clear we don't find bullying funny; to be kind to your friends.

Please share with Students

Gooseberry **Teacher** 'Thoughts of the week'

Bullying and social difficulties between pupils is a frequent challenge faced by teachers. You're not alone.

Do you know what to do if a pupil talks to you about experiencing bullying? Do you know how to spot the difference between friends falling out and a bullying situation? Do you feel confident in tackling these issues?

You're not alone. Kidscape provide training for schools and professionals, as well as free classroom activities for talking about bullying and friendship to your pupils.

Gooseberry **Parent** thoughts of the week

A respectful relationship is based upon mutual trust, honesty, kindness, consideration and fairness, bringing out the best in those involved. Your child is learning from watching you. The best way to encourage respectful relationships is to role model them yourself.

★ Are you calm when you speak to others?





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- How do you manage your own strong emotions?
- ★ When you need to complain do you do so assertively or aggressively?
- Do you demonstrate in your actions and words that you accept different cultures and beliefs?
- Are you respectful of other people online?

There's more advice for teaching your child how to choose respect on Kidscape's website.

kidscape.org.uk

Want to know more? Visit us at www.gooseberryplanet.com



Gooseberry Planet is a complete e-safety tool kit to educate the whole school community

Contact us at:

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